



9629 2nd St. NW
Albuquerque, NM 87114
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HERDING UP: EQUINE-ASSISTED PSYCHOTHERAPY WORK FOR INTERACTIVE GROUP WORK

Looking for some new and interesting activities for your therapy group? Join us to learn more about how including a horse in your group activities might benefit your clients. Come meet our horses and participate in a variety of group challenges so you can experience it for yourself. Afterwards, we will brainstorm how you might plan and implement interactive equine interventions for your therapeutic groups.

DURING THIS INTERACTIVE WORKSHOP THE HORSES WILL HELP US:

- Examine why horses are effective therapeutic partners
- Understand more about how to effectively facilitate interactive equine-assisted group work
- Experience firsthand several interactive group activities with our horse herd
- Develop ways to plan, implement, and evaluate interactive challenges in your group planning



Our team will help you discover how your existing clinical skills can work in tandem with innovative equine-assisted counseling strategies to help individuals, families, and groups attain their goals. We will use a mixture of direct instruction, interactions with the horses, role-playing, and critical reflection to help you explore this new modality. By the end of the workshop, you will have a much better understanding of what it means to be a skilled clinician who can easily add equine-assisted interventions to your clinical tool bag for group work.

BEVERAGES AND SNACKS WILL BE PROVIDED. CLOSED-TOE SHOES AND LONG PANTS ARE REQUIRED. HATS AND SUNSCREEN ARE ENCOURAGED. BRING YOUR OWN BROWN-BAG LUNCH.

DON'T MISS THIS OPPORTUNITY TO LEARN HOW TO USE YOUR EXISTING CLINICAL SKILLS IN NEW AND INNOVATIVE WAYS!

CEUs	FEE
6 hours	\$300

SHARON GRADY, MA, LICENSED PROFESSIONAL CLINICAL COUNSELOR IN NM, trained Equine-Assisted Psychotherapist and Equine-Assisted Learning facilitator.

LYNDA MILLER, PH.D., Lifelong horsewoman; professionally trained Play Therapist and nationally Certified Clinician for individuals with communication challenges.

KAREN MOLONY, PATH Certified Instructor and PATH Certified Equine Specialist in Mental Health and Learning with a lifetime of experience with horses. She has been teaching at Cloud Dancers since 2006.

WHEN: October 17, 2025 • 9:00 am - 4:00 pm

